



UltraFlora Complete Women's Probiotic

5-in-1 Multi-Benefit - Stress & Emotional Wellbeing, Gut Health & Bloating, Immunity, Vaginal & Urinary Tract

- 5-in-1 multi benefit women's probiotic.
- 1 capsule daily for preventative health.
- Provides 24-hour probiotic support for women.
- Clinically researched probiotic strains at clinically trialed doses.



24 Hour Probiotic Support For Women



1 Daily Dose



Activ-Vial Packaging



Researched Strains

Each Tablet Contains:

<i>Lactobacillus rhamnosus</i> (GR-1™)	1 billion CFU
<i>Lactobacillus reuteri</i> (RC-14™)	1 billion CFU
<i>Bifidobacterium animalis ssp lactis</i> (BB-12™)	1 billion CFU
<i>Lactobacillus plantarum</i> (CLEPIUS™ Lpla33™)	1 billion CFU
Mecobalamin (Vitamin B12)	50 micrograms
Levomefolate calcium	217 micrograms
(5-methyltetrahydrofolate)	200 micrograms

Directions for use:



Take 1 capsule daily, or as directed by your healthcare professional.

Probiotic Care for Women's Health & Wellbeing

Women face a myriad of health challenges throughout life, from urogenital issues to gastrointestinal disorders, stress, poor energy and immune function concerns. This multi-benefit probiotic formulation harnesses the power of the gut-vaginal axis, gut-brain axis and gut-immune axis to provide daily support for women, promoting overall health and wellbeing.

For over 40 years Metagenics has been producing probiotics that are backed by science. We uphold the highest standards of quality to ensure that every product is crafted with precision and care so that our products deliver results you can trust.

50% of all women will experience at least one urinary tract infection during their lifetime, with incidence increasing with age.⁹

***Lactobacillus rhamnosus* (GR-1™) and *Lactobacillus reuteri* (RC-14™)** have a wealth of clinical evidence supporting their role in restoring vaginal ecology and promoting a healthy urinary tract.¹⁻³ They effectively colonise the vaginal tract after oral intake, restore beneficial lactobacilli and control harmful organisms by adjusting vaginal pH and releasing protective substances making it easier to maintain a healthy vaginal ecosystem.¹⁻⁶

***Bifidobacterium animalis ssp. lactis* (BB-12™)** has impressive staying power in the gut.¹⁰ Its strong adherence properties and stress-resistant genes ensure it thrives in challenging environments.^{10,11} The benefits of BB-12™ are backed by over 200 human clinical trials showing it supports the gut and overall health by enhancing immune responses, regulating microbiota-gut-brain axis signalling, and strengthens gut barrier integrity.¹¹⁻¹⁴ Additionally, BB-12™ promotes overall health by shifting the composition of the gut microbiome from a dysbiotic to a health promoting one.¹⁵

Bloating is more common in women, and associated with abdominal pain and psychological distress.¹⁷

***Lactobacillus plantarum* (CLEPIUS™ Lpla33™)** has several attributes that make it a valuable probiotic. It survives in the gastrointestinal tract, inhibits the growth of harmful bacteria, and reduces inflammation. It helps maintain the integrity of the intestinal barrier, ensuring the gut stays strong and healthy. Additionally, CLEPIUS™ Lpla33™ is known to modulate the microbiota-gut-brain axis, promoting a healthy functioning gut and emotional wellbeing.¹⁶



Clinical Evidence	GR-1™ & RC-14™ 2b CFU	CLEPIUS™ Lpla33™ 1b CFU	BB-12™ 1b CFU	Supporting Nutrients
 Improves digestive function, regularity and bloating		✓	✓	
 Promotes a healthy stress response and quality of life		✓		
 Restores vaginal ecosystem and promotes vaginal/urogenital health	✓			
 Boosts immunity			✓	
 Supports energy				5-MTHF & Vitamin B12

Pregnancy: Not recommended for use in pregnancy.
Breastfeeding: Not recommended for use in breastfeeding.

CLEPIUS™, GR-1™, RC-14™, and BB-12™ are trademarks of Chr. Hansen A/S, part of Novonesis Group.


Vegan
Friendly


Dairy Protein &
Lactose Free


Egg
Free


Nut Free


Soy Protein
Free


Artificial Colour,
Sweeteners &
Flavour Free

*This information is intended for Healthcare Professionals only.

Always read the label and follow the directions for use.
 References available on request. anz_clinicalsupport@metagenics.com.

Disclaimer: In the interest of supporting Healthcare Practitioners, all safety information provided at the time of publishing is in accordance with Natural Medicine Database (NATMED PRO), renowned for its professional monographs which include a thorough assessment of safety, warnings, and adverse effects.
 For further information on specific interactions with medications, please contact Clinical Support on 1800 777 648, or via email, anz_clinicalsupport@metagenics.com

References

1. Reid G. *Can J Microbiol.* 2020. doi:10.1139/cjm-2019-0148
2. Reid G, Charbonneau D, Erb J, et al. *Fems Immunol Medical Microbiol.* 2003. doi:10.1016/s0928-8244(02)00465-0
3. Vujic G, Knez AJ, Stefanovic VD, Vrbanovic VK. *Eur J Obstet Gyn R B.* 2013. doi:10.1016/j.ejogrb.2012.12.031
4. Martinez RCR, Franceschini SA, Patta MC, et al. *Can J Microbiol.* 2009. doi:10.1139/w08-102
5. Anukam K, Osazuwa E, Ahonkhai I, et al. *Microbes Infect.* 2006. doi:10.1016/j.micinf.2006.01.003
6. Homayouni A, Bastani P, Ziyadi S, et al. *J Low Genit Tract Di.* 2014. doi:10.1097/igt.0b013e31829156ec
7. Petrova MI, Reid G, Haar JA ter. *Trends Microbiol.* 2021. doi:10.1016/j.tim.2021.03.010
8. Saunders S, Bocking A, Challis J, Reid G. *Colloids Surfaces B Biointerfaces.* 2007. doi:10.1016/j.colsurfb.2006.11.040
9. Meštrović T, Matijašić M, Perić M, Paljetak HČ, Barešić A, Verbanac D. *Diagnostics.* 2020. doi:10.3390/diagnostics11010007
10. Jungersen M, Wind A, Johansen E, Christensen JE, Stuer-Lauridsen B, Eskesen D. *Microorg.* 2014. doi:10.3390/microorganisms2020092
11. Schöpping M, Goel A, Jensen K, Faria RA, Franzén CJ, Zeidan AA. *Appl Environ Microbiol.* 2023. doi:10.1128/aem.00082-23
12. Eskesen D, Jespersen L, Michelsen B, Whorwell PJ, Müller-Lissner S, Morberg CM. *Br J Nutr.* 2015. doi:10.1017/s0007114515003347
13. Krumbeck JA, Rasmussen HE, Hutkins RW, et al. *Microbiome.* 2018. doi:10.1186/s40168-018-0494-4
14. Rizzardini G, Eskesen D, Calder PC, Capetti A, Jespersen L, Clerici M. *Brit J Nutr.* 2012. doi:10.1017/s000711451100420x
15. Zhu J, Zhu Y, Song G. *Microorganisms.* 2023. doi:10.3390/microorganisms11061403
16. Martoni CJ, Srivastava S, Damholt A, Leyer GJ. *World J Gastroenterol.* 2023. doi:10.3748/wjg.v29.i28.4451
17. Ballou S, Singh P, Nee J, et al. *Gastroenterology.* 2023. doi:10.1053/j.gastro.2023.05.049
18. Welfare AI of H and. August 8, 2024. Available at: <https://www.aihw.gov.au/reports/men-women/female-health/contents/how-healthy>

*This information is intended for Healthcare Professionals only.

Always read the label and follow the directions for use.

References available on request. anz_clinicalsupport@metagenics.com.

Disclaimer: In the interest of supporting Healthcare Practitioners, all safety information provided at the time of publishing is in accordance with Natural Medicine Database (NATMED PRO), renowned for its professional monographs which include a thorough assessment of safety, warnings, and adverse effects.

For further information on specific interactions with medications, please contact Clinical Support on 1800 777 648, or via email, anz_clinicalsupport@metagenics.com